

Monday

Lunch

Chicken in Mushroom Sauce
Cheese & Tomato Pasta
Poached Cinnamon Peaches & Custard

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Afternoon Tea— Coffee Cake

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Supper

Broccoli Soup
Jacket Potato with Cheese & Beans
Tuna Mayo Sandwiches
Cheese & Pickle Sandwiches
On a selection of white or brown bread

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Tinned Fruit & Cream

Tuesday

Lunch

Minted Lamb Shepherds Pie
Quorn Hotpot
Served with vegetables & Gravy
Upside down Pineapple Cake with Custard



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Afternoon Tea— Lemon Drizzle Cake

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Supper

Mushroom Soup
Fish Cakes & Wedges
Egg Mayo Sandwiches
Chicken Sandwiches
On a selection of white or brown bread

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Banana & Custard

Wednesday

Lunch

Grilled Cod with Parsley Sauce
Vegetable Casserole
Served with New Potatoes & Vegetables
Rice Pudding

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Afternoon Tea—Vanilla Sponge

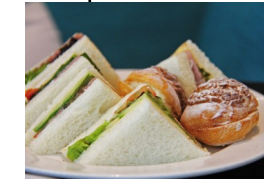
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Supper

Vegetable Soup
Cauliflower Cheese Bake
Ham & Pickle Sandwiches
Cheese & Mayo sandwiches
On a selection of white or brown bread

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Chocolate Mousse



Thursday

Lunch

Minced Beef with Onions
Veggie Sausages
Served with Mash Potato & Vegetables
Rhubarb Pie with Custard

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Afternoon Tea— Fruit Cake

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Supper

Parsnip Soup
Chicken Nuggets with Chips & Salad
Cheese & Onion Sandwiches
Tuna Cucumber Sandwiches
On a selection of white or brown bread

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Fruity Orange Jelly

Friday

Lunch

Cod & Chips with Mushy Peas
Vegetable Curry with Rice
Poached Pears with Custard

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Afternoon Tea— Cup Cakes

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Supper

Cauliflower Soup
Cornish Pasty with Beans
Chicken Mayo Sandwiches
Egg Mayo Sandwiches
On a selection of white or brown bread

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Trifle



Saturday

Lunch

Pork Casserole
Broccoli Cheese Bake
Served with Mash Potato & Vegetables
Apple Crumble with Custard

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Afternoon Tea—Chocolate Orange Marble Cake

Supper

Minted Pea Soup
Pork Meatballs in Tomato Sauce with Pasta
Cheese & Tomato Sandwiches
Ham & Cucumber Sandwiches
On a selection of white or brown bread

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Eton Mess

Sunday

Lunch

Roast Chicken
Vegetable Pie
Served with all the trimmings
Jam Sponge with Custard

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Afternoon Tea—Almond Sponge

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Supper

Lentil & Potato Soup
Chilli Con Carne with Rice
Corned Beef & Pickle Sandwiches
Cheese Sandwiches
On a selection of white or brown bread

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Strawberry Jelly

“Outstanding Food at Alban Manor”



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef. Please let us know if there is anything that you would like changing. We welcome suggestions

Selections available every day

Breakfast

Tea or coffee
Apple, Orange & Cranberry juice
Choice of Cereals
Toast
White or Wholemeal rolls
Marmalade, Jam, Marmite
Selection of Eggs
Full English Breakfast

Morning Tea

Tea or Coffee
Choice of Fruit Squashes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Lunch

Daily Main Meal
Daily Vegetarian Option
Seasonal Vegetables
Daily choice of Potatoes
Assorted Omelettes
Choice of Salads
Sausages
Jacket Potatoes with a selection of toppings

Dessert

Ice Cream
Assorted Mousse's
Homemade Yoghurt
Fresh Fruit
Tea or Coffee

Afternoon Tea

Tea or Coffee
Choice of Fruit Squashes
Homemade Cakes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Supper

Daily Supper Meal
Choice of fruit Squashes
Bread & Butter
Assorted Sandwiches
Cheese & biscuits
Fresh Fruit
Tea or Coffee

Evening Tea

Tea or Coffee
Choice of Fruit Squashes
Hot Chocolate
Ovaltine
Horlicks